

Experiment in Reducing Non-Malignant Tumors

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In this experiment I worked with 15 cases. 13 of these cases were diagnosed and verified afterward by their doctor. Two were fatty tumors that I worked with by tape because they lived too far away. I had slight success with one and none with the other. I found that this type of suggestion is not practical with fatty tumors.

The other 13 were diagnosed either non-malignant tumorous cysts or non-malignant tumors. One was in the palm of the hand, one on the back of the hand, one on the right testicle, one on the lower left part of the back, one on the left knee, the rest were in the female breast. 13 of the tumors were complete successes.

The suggestion I used in all cases...

(On the first session, I usually use the word lump. After the first session, I never refer to it as a lump or tumor again, for that would be enforcing them to have a lump or tumor. I always call it 'this place' no matter how many times I hypnotize them).

'Your subconscious mind has the ability to reduce this place on _____ (I usually lightly place the fingertips on the area indicated unless it is too intimate a nature). So just know now that your subconscious mind is being directed to reduce this place. For anything that is as marvelous as your subconscious mind ... that makes all the autonomic functions, such as your breathing, your digestion, etc... has the power to eliminate this place.

Just visualize and imagine, just see in your own mind, the blood being shut off to this place, the way you would flip off a light switch, shut off an outdoor spigot, or turn off a faucet, for your subconscious mind is right now, just shutting the blood off from this place, so that it is going to break up, break down, pass out through the natural body channels. So just see this place breaking up, breaking down, and dissolving like an Alka Seltzer tablet as it drifts down through a glass of water. See this place breaking up and flaking off, just the way particles break off that Alka Seltzer tablet as it drifts down through the glass of water. For your subconscious mind is right now starting to break this place down, and drain it out, through the natural channels. It is just draining away, just dissolving away, like the Alka Seltzer tablet in a glass of water. So just see it in your own mind dissolving, see it dissolving away for it is going... it is going to be gone... gone very quickly, gone completely, gone forever. This place is going, going right now. It is going to be gone, completely, gone forever, never to return, gone forever, and never to return. So just see it dissolving, like that Alka Seltzer tablet in that glass of water, for it is going, it is going to be gone, gone forever, never to return. And this is so... and this is so.

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