

You are a Hypnotherapist: A Poem

by Linda Otto, C.Ht.

PEOPLE TURN TO YOU FOR HELP
BECAUSE YOU HAVE THE ABILITY TO GIVE
VOICE
TO DREAMS, AND MAKE OTHERWISE
IMPOSSIBLE IMAGININGS APPEAR REAL. YOU
ARE A RARE INDIVIDUAL WHO THINKS THE MIND
IS TOO PRECIOUS A THING TO WASTE, WHO
THINKS PEOPLE ARE SPECIAL BEINGS, WHO
HAS THE COURAGE TO HELP ANOTHER BY
OPENING ONE'S MIND AND ALLOW THEM TO GO
SWIMMING THERE.
YOU ARE SOMEONE WHO STILL BELIEVES
IN PEOPLE WATCHING, TOMORROW, SILVER
LININGS, AND NEW BEGINNINGS. BE PROUD.
BE HAPPY. STAND TALL. WORDS DO MORE
THAN PLANT MIRACLE SEEDS, WITH YOUR
VOICE THEY CAN CHANGE THE WORLD.



About the Author Linda Otto:

Linda Otto, C.Ht., has been actively involved in the field of hypnosis since 1989. Linda is the Secretary for the International Medical and Dental Hypnotherapy Association. Moreover, she is executive coordinator of and personal assistant to Robert Otto Seminars and Workshops. Her involvement in the business has enabled her to travel

extensively throughout the country to promote public awareness on the benefits of hypnosis. She is the author/producer of For Women Only, an audio program designed exclusively for women's wellness as well as Foreplay, an audio program designed to increase sexual stimulation through the use of imagination, relaxation, and guided imagery. She is a member of the National Board of Hypnotherapy and Hypnotic Anesthesiology and a lifetime member of the North Coast Hypnosis Society. She is also the recipient of the 1997 Friendship Award by the International Hypnosis Hall of Fame.