

Spontaneous Remission and the Space Time Continuum

By: James Duncan (*Courtesy of Jim's blog on TherapyTimes.com*)

One of the things to consider is that this concept is in some part outside of the realm of hypnosis or mind power. I am all about this type of work and while I do not overtly advertise it in my Hypnotherapy materials I have a large clientele based on "vibrational/energy" work and regularly teach a 2-day class on the subject. There are aspects of hypnosis in this area of life improvement but it is nothing that really needs to be learned or taught, as we are all born with a perfect cellular knowledge of the healing abilities of our own bodies and of the healing power of creation both externally and within us.

There is also the need to understand that in some situations the dis-ease or illness is meant to run its course. Depending on beliefs that could be due to anything from soul planning to karma to simple biology. Whatever the belief system, those issues can play into the outcomes, whether those outcomes are beneficial or detrimental. Yet, we have all heard or seen individual cases where belief systems have been changed as a result of outcomes. So those systems are obviously only a factor, not a determining force.

The key to spontaneous remission I believe is founded in the simplicity and the power of that simplicity of LIFE FORCE. One does not necessarily have to understand it or know about it or believe in it, but there usually is some level of acceptance of NOW that takes place. Even if that acceptance is, "Now I am determined (or have decided) that I can no longer be ill." That NOW MOMENT makes the difference. It is interesting to think that that same now moment is not always a moment of power; it can actually be a moment of denial. But denial can be a very powerful energy.

The simplicity of the vibration or energy of life is that it comes from a place without protocol or dogma. In my 2-day course, Elevated Communication Healing Techniques, I stress that healing originates from the motivation and action of approaching life and the work we do from LOVE. Not romantic or familial love, but the love that is defined as an underlying understanding or affinity based on recognition of oneness. The other aspect of that is that LOVE is completely free of ego. When there is no ego attached to the energy we communicate or generate for ourselves, that energy or vibration is of that healing energy of creation (the creation point).

It is important to remember that healing is not repair, but rather it is a return to original design for well-being. That return does not repair anything, what it does is it causes anything that is not a part of that original design to simply fall away from the reality of the now moment. Keeping that original design in the cellular memory and the now of each moment then maintains that design.

I have found that spontaneous or at least rapid healing usually comes from several basic things

1) Realization of a lesson to be learned or a task to be accomplished. 2) Absolute denial of the challenge. This is action based, not fear based, as in "I deny you permission" rather than "I can't believe this is happening". 3) Absolute acceptance of divine order. (Divinity in whatever form it takes for that person) 4) Giving into and accepting the intercession of those communicating a healing/creative energy to the person so that their vibrational rate can entrain itself to that vibration of wellness being communicated.

Of course there are other ways this takes place and subtleties within these that vary from situation to situation. But with striking regularity these are the key factors I encounter in my work.

The other key point to realize in all of it is that healing protocols and dogma based techniques are limiting and bring ego into the mixture. Each individual has their own truth and each person who communicates love (ego free) and healing energy to another has their own truth. But if we keep the protocol and dogma out of the mix and only use whatever portions of any techniques we have ever learned or experienced that FEEL LIKE OUR TRUTH, then the work and the healing is much more likely to take place in a rapid or instantaneous way. In other words, if you go and take a healing/energy/vibrational workshop or class and the instructor tells you "This is the only way to do this and if you don't do it exactly this way it is wrong and won't work.".... RUN FOR THE HILLS! There is NO WRONG WAY to communicate LOVE and there is no wrong way to communicate the healing vibration of creation if the intent and motivation is for the benefit of the recipient.

This then comes to the idea of the space-time continuum. If NOW is the only tangible moment of power and NOW is the only constant in that continuum. NOW is ALWAYS and it can account for the instantaneous manifestation of healing. In essence, healing "normally" takes place in the NOW moments that are strung together over a long succession of experience. But if the purpose of the lesson or the recognition of the communication of healing is complete and falls within the truth of the person in need of healing, then they will heal... NOW

Since now is always just now, and there is really no need to string NOW out for an extended string of experience. This realization takes place at a cellular level and as a result the cellular body refreshes the cellular memory for this recognition of NOW and everything that falls outside of the design for well-being instantly disappears.

In a nutshell, ALL healing is actually instantaneous and spontaneous. There is some moment in the process when a person is afflicted with the concern and

then the next moment it is gone. It is like stopping a car. One moment you are driving and the next moment that movement has stopped. But both took place NOW. Spontaneous remission or healing is simply the cellular recognition that NOW is always the same and the moment of being free of the challenge can only take place in the NOW. Since NOW is ALWAYS NOW, there is no reason to wait.

Just some thoughts on the matter (and my head is still intact). :-)

Love & Healing,

Jim