

# ORMOND DALE MCGILL

By Ormond McGill

(Palo Alto, California, June 15th 1913-October 19th 2005)

Written to Shelley Stockwell-Nicholas in the weeks before his passing:

Dear Shelley:

Am mostly working on my recovering health. A slow process, but I am still on the planet. I hate to think of myself as getting old. Silly: why waste your energy thinking thoughts you hate to think about. As for YOU getting old -- it is quite impossible. "Old is a stabilized conjecture for the passage of time in 3-D space. The YOU that is the "I AM I" belongs to eternity. There is no time in eternity. We are what we think. To understand that takes maturity. Don't ever get the bright idea that because one is old in years they are mature. For far too many older years just make them more juvenile. "How good the past was. How lousy the present is. How terrible the future will be." Who does such a one think they are; some sort of prophet?

The truth is so obvious; "The past is but a memory which will never happen again, and the future will never happen at all. There is only the present. The present is "here and now." Enjoy. The here and now is the "present." It is like Christmas time, MERRY CHRISTMAS.

You are a trinity of body, mind and spirit. Your body is mortal and will ultimately dissolve in 3-D space. Your body can be likened to an organic suit-of-clothes you wear. Like any suit-of-clothes it will show signs of wear through wearing. Your body can learn to look better and wear longer. Mind and Spirit are immortal. Mind can convey oneself at any age inside the outer shell at any age it pleases to be. Jack Benny had fun at 39. If you like the 39ers good. Or possibly you prefer 29. Take your choice. Your spirit just shrugs and says: "Play the game any way you most enjoy. For the truth is "Nothing need be done." Hypnotherapy can transform you from feeling old inside yourself to feeling young inside yourself.

I will be a bit out-of-touch with things for awhile, so will not be doing communicating ... now I've got to get busy finding a new activity of interest. Wonderful success on your convention coming up and may all your projects do just fine. You are a busy girl and do a great job training and helping many people via hypnotherapy.

Love To You and Jon,

Ormond

# **ABOUT MYSELF by ORMOND DALE McGILL**

Excerpted from "McGill's Hypnotherapy Encyclopedia," 2004

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I was born in Palo Alto, California on June 15th, 1913 to my mother Julia (Ballele) and Harry McGill. When I was 15, I presented my first full evening magic show at "Poly" High and recited my Tarbell mail order Magic course patter word-for-word as though it was a sacred text. That wasn't what Tarbell would have recommended. He himself emphasized the importance of being natural and yourself. This is good advice for Professional Hypnotherapists as well. Develop your own original style and you will be an outstanding Hypnotherapist.

Hypnotism came into my life while still in high school when the Danish Hypnotist, DeWaldoza, came to town to perform a "demonstration of suggestion" at the Masonic Lodge. DeWaldoza invited up two Stanford students as volunteers. One blindfolded him and the other was told to take an object from his pocket (it was a comb) and hide it with any person in the audience. The hypnotist, still blindfolded, used "contact mind-reading" and instructed the student who had hidden the object to "not lead him but simply concentrate on where the object was concealed." Then gripping the student's hand, he immediately found the comb. I volunteered to try the procedure and I too succeeded. The process was a result of "muscle reading" DeWaldoza said.

Next he presented demonstrations in what he called "waking suggestion." He had everyone lock their hands together and invited those whose hands were locked tightly to come up and sit on the stage where they performed a most delightful "show of suggestion." I went home and immediately sent in ten cents to Johnson, Smith & Company for a little book on hypnotism and faithfully followed the instructions.

After two years of college at San Jose State College majoring in psychology, my term paper on hypnotism was given in my psychology professor's upper classes and I went on the road with Mandu the Magician and took correspondence courses in commercial art and advertising. I eventually went back to college to study art and advertising and co-authored the book "Advertising for the Independent Business Man."

On September 29, 1943, after going together for 4 years, I married my sweetheart, Delight Beth Olmstead. We chose the path of the theater business with hypnotism as an integral part of the performances I presented under the name Dr. Zomb in theaters in the United States and Canada. I found I had a liking for sensational publicity stunts and performed many nutty things like escaping Houdini style, being alive, driving blindfolded or catching bullets in my teeth.

I appeared on Art Linkletter's "People are Funny" radio show in 1944 and later on the television version. I also became the technical advisor for the movie "The Hypnotic Eye."

You can learn so much from books. I have enjoyed writing books. In 1944 I wrote "How

To Produce Miracles” and in 1947, I wrote the “Encyclopedia of Genuine Stage Hypnotism” that was published and republished in 5 consequent editions by Percy Abbott and more recently in 7 additions by Crown House Publishing. In 1953, I did two works on hypnotism “A Better Life Through Conscious Self-Hypnosis” and “Dental Hypnosis” for Dr. Rexford North’s Journal of Hypnotism. Thirty-eight other books followed. One week after my wife Delight passed onwards, she began offering insights as to the nature of death while I lay in bed. After four days I wrote what was being given to me. In three weeks “The book of Delight” (published as “Grieve No More Beloved”) was completely written.

I have the pleasure of channeling a spirit guide Patanjali, the Father of Yoga, who lived in Northern India around 319 B.C. and have learned from his sutras and processes to use the mind to advance consciousness from normal perception to super-consciousness. In Patangali’s words, “Yoga is the cessation of mind. Through yoga the witness is established in itself. In other states there is identification with the modifications of the mind. You bring your mind to a stop by not trying to control it in anyway.” The chapters in this Hypnotherapy Encyclopedia on hypnosis and yoga will help you to master the master’s ideas.

I am soon to turn ninety-one and I suppose that makes me an old man but honestly I don’t feel old at all. I don’t feel a bit different inside myself that I did at thirty-nine. I feel just fine. I can just be myself and it’s great.

In this Hypnotherapy Encyclopedia I have shared things that have been created by me and things that have come to me as gifts I have treasured. May they have value practice of hypnotherapy and your life.

Ormond McGill

## **BOOKS BY ORMOND MCGILL**

A Better Life Through Conscious Self-Hypnosis

Advertising for the Independent Business Man. (Co-author)

Alfred Binet On Hypnotism

Atomic Magic

Balancing Magic and Other Tricks

Chalk Talk

Dental Hypnosis

Encyclopedia of Genuine Stage Hypnosis

Entertaining with Magic

Everything You Ever Wanted to Know About Everything (Co-author Shelley Stockwell, Ph.D.)

Genuine Stage Mind Reading

Grieve No More, Beloved: The Book of Delight

How To Book of Hypnotism (Co-author)

How to Produce Miracles

Hypnotism and Meditation  
Hypnotism and Mysticism of India  
McGill's Hypnotherapy Encyclopedia (Contributing Editor Shelley Stockwell, PhD)  
Mind Magic  
Mysticism and Magic of India  
Paper Magic  
Power Hypnosis Hypnotherapy  
Professional Office Hypnotherapy  
Professional Stage Hypnotism  
Psychic Magic  
Real Mental Magic  
Religious Mysteries of the Orient (Co-author Ron Ormond)  
Science Magic: 101 Tricks You Can Do  
Seeing the Unseen  
The Ancient Science of Mental Healing  
The Art of Bamboo Painting (Co-author Thomas Tam)  
The Art of Stage Hypnotism  
The Secrets of Hypnotizing Women (Co-author Shelley Stockwell PhD)  
The Secrets of Doctor Zom  
The Encyclopedia of Stage Illusions  
The New Encyclopedia of Stage Hypnotism  
The Search for Cosmic Consciousness: The Hypnosis Book Einstein Would Have Loved (Co-author Stockwell, PhD)  
21 Gems Of Magic  
Voice Magic